



RECREATION DEPARTMENT

The Heart of the Neighborhood

www.chulavistaca.gov/rec

270 F Street • (619) 691-5086









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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 6	7	1	2	3	4	5
13	14	8	9	10	11	12
		15	16	17	18	19
			23	24	25	26
20	21	22				
27	28	29	30	31		31

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Group	Day	Time
Art - Watercolors	Mon	9:00 AM
Artist Social Group	Wed	9:30 AM
Bereavement	Thurs	10:30 AM
Bingo	Fri	12:00 PM
Blood Pressure	Fri (2nd & 4th)	8:30 AM
Book Club	3rd Wed	2:00 PM
Bridge - Duplicate Beginning	1st, 2nd & 4th Tue	10:00 AM
Bridge - Chicago	Mon	12:00 PM
Bridge - Duplicate	Wed	12:00 PM
Bunco (Senior Club)	Fri	2:30 PM
Bunco Game Nights*	Wed	6:30 PM
Chess Club	TBD	TBD
Computer & Camera Club	Tues	8:00 AM
Crazy Crafters	2nd Tues & 4th Thurs	1:30 PM
Creative Writers	Tue	2:00 PM
Dance - Ballroom	Mon	1:00 PM
Dance - Line /Advanced*	Tue	10:00 AM
Dance - Line/Beginner*	Tue	11:00 AM
Exercise with Kay	Mon/Wed	8:00 AM
Exercise with Kathy	Tue/Thurs	8:00 AM
Exercise - Longevity Stick	Tue/Thurs	9:00 AM
Guitar Beginner*	Tue	11:00 AM
Knitting & Crocheting	Wed	9:30 AM
Pinochle	Fri	12:00 PM
Quilting	Thurs	10:00 AM
Scrabble	M, W, F	12:30 PM
Shuffleboard	Tue/Thurs	9:00 AM
Singing Informal (Informal Group)	Tue	9:30 AM
Singing Seniors	Tue	1:30 PM
Spanish Conversation	M ,W, F	10:00 AM
Strength Training	Wed	6:00 PM
Walking Club	Tue & Wed	9:00 AM
World Affairs Group	Mon	10:00 AM
Yoga (Chair)	Wed	4:30 PM
Yoga (Gentle)	Thurs	4:30 PM
Yoga	Fri	8:00 AM

Lab - Friday 10:00 am – 12 noon Kevin (not open on 1st Friday)

BEGINNING CLASSES...

Course	Instructor	Day/Dates	Time
INTRO TO COMPUTERS	<i>Rosa/Sonia/Linda</i>	Thur.Sept.5, 12, 19, 26	9:00 am – NOON
	<i>Kevin/Tom/Hazel</i>	Tues. Oct.8, 15, 22, 29	9:00 am – NOON
	<i>Linda/Sonia</i>	Wed. Nov. 6, 13, 20, Dec.4	9:00 am - NOON
INTRO TO INTERNET	<i>John/Mary/Linda</i>	Oct. 8, 15, 22, 29	1:00 pm – 4:00 pm
	<i>Kevin/Tom/Hazel</i>	Tues. Nov.5, 12, 19, 26	9:00 am – NOON
INTRO TO EMAIL	<i>John/Mary</i>	Tues. Nov. 5, 12, 19, 26	1:00 pm – 4:00 pm
	<i>Kevin/Tom/Hazel</i>	Tues. Dec. 3, 10, 17	9:00 am - NOON

REFRESHER CLASS...

Overview of SeniorTech Courses Wed. Oct.9, 16, 23, 30 1 – 4 pm

Karen/Ernie

Course primarily relates to an overview of Internet searches; Email using Gmail and/or Outlook; and word processing techniques as they relate to any email program. After you sign up for class, please think of questions you may have related to your past classes or things you have read. We will do our best to answer your questions. Bring PC laptop, if you own one.

ADVANCED CLASSES...

Learning How To Use Your iPad *Karen*

This is a one on one class. Please contact the office for contact information. (691-5086) \$10. per session

Using Facebook *Issie* Wed. Nov. 6, 13, 20, 27 1:00 pm– 3:00 pm

PRIVATE INSTRUCTION – One on one instruction

\$10 per session (12.50 non-residents)

This can be in: Advanced Internet, Review of Beginning Classes, Advanced Word Processing or spreadsheets. Arrangements should be made through the office.

FREE INFORMATION CLASS – A class designed to teach people with no computer skills, how we teach our computer classes. Sign up sheet in office.

Aug. 2, Sep. 6, Oct. 4, Nov. 1 or Dec. 6 - 10 am – 12 noon



Receptionist: 691-5086
Hostess Desk: 691-5023
Trip Office: 476-5356
Information & Referral: 691-5087

Morning Hours:

Monday, Wednesday, Friday 10:30 AM - 2:00 PM
Tuesday & Thursday 8:00 - 11:30 AM

Evening & Saturday Hours:

Monday - Thursday 5:00 - 7:00 PM
Saturday 8:30 - 11:00 AM

